

Opening Times

Monday to Saturday, 9.30 am - 9.00 pm
By Appointment Only

Only for Females

Appointments

Please call, text, email or whatsapp me to make an appointment



**Treat your loved one
to a Gift Voucher**

07723 071266

**3 Glanaan Avenue,
Dunmurry, Belfast, BT17 9AT
www.deepaayurveda.co.uk.
info@deepaayurveda.co.uk**



Deepa Ayurveda and Beauty

Deepa

Ayurveda & Beauty



**Promoting wellness
through massage**

**Contact number:
07723 071266**

www.deepaayurveda.co.uk

About Me

As a trained holistic and beauty therapist, I have worked for twenty-three years providing a high level of service to my customers with the greatest quality and effectiveness. My aim is to create an uplifting, comfortable and healing space for all those who attend.



**Cancellation/Change of
appointment Policy**

Please give us 24 hour notice to cancel or change your appointment. Otherwise a cancellation fee will be charged. Thank you.

INDIAN HEAD, BACK AND LEG MASSAGES

Indian Head and Back Massage

Ayurvedic head and back massage with hot herbal oils and pouches to de-stress

30 minutes	- £40
45 minutes	- £50
1 hour	- £60

Back and Shoulder Massage

Ayurvedic massage to relax muscles in the back, neck, shoulders and arms with hot oils and pouch

30 minutes	- £40
45 minutes	- £50

Swedish Neck, Back, Shoulder Massage

30 minutes	- £40
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Hip and Leg Massage

Treat your tired legs using warm medicated oil and hot herbal pouch to relieve tension, aches and pains

45 minutes	- £50
1 hour	- £60

The Bliss Massage 1 Hour - £60

A traditional Ayurvedic head, neck, back, shoulders, arms, feet and face massage with hot oils and herbal pouch

Reflexology

Helps to boost immune system, clear up sinus issues, recover from back problems, correct hormonal imbalances, boost fertility, and improves digestion. A popular and enjoyable treatment for everyone.

1 hour	- £55
30 minutes	- £40

Hopi Ear Candles

Aids in treating conditions with ear, nose and throat area

35 minutes	- £45
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Relax, Renew, Revive



FULL BODY MASSAGES

Swedish Full Body 1 Hour - £60

The Regency Massage 1 hour - £65

A full body massage to heal and revitalise tired muscles, promote wellness and balance in Mind, Body and Soul

Deep Tissue Massage 75 Minutes - £70

Deep tissue massage is a great stress reliver for reducing aches and pains, lowers blood pressure, rehabilitates injured muscles, is a great massage for sport injuries and back pain

The Royal Massage 90 Minutes - £75

A luxurious 90 minute experience for complete relaxation, from head to toe you will be covered in warm oils to ease away all your pains, stiffness, tension and anxiety

Lift Therapy 90 Minutes - £75

Uplift your mood, ease away all tension with this full body hot herbal pouch treatment, stimulates circulation, improves skin tone and cellulite, reduces appearance of wrinkles. A wonderful treatment to help all aches and pains.

Hot Stone Full Body Massage 90 Minutes - £80



LUXURY PACKAGES

The Gold Package 2 hrs and 15 min - £125

From the moment you arrive at the door, leave your worries behind. This golden package includes; one hour facial, thirty minute back, shoulder and neck massage and thirty minutes reflexology.

The Platinum Package 3 hrs - £150

Indulge your senses with this luxury package of mood and body relaxation. This includes; The Regency Massage (one hour), Reflexology (one hour) and Mini Facial (forty minutes). You will be served a selection of tea/juice and a fruit platter at the end of your tranquil experience.

The Diamond Package 4 hrs - £175

Allow yourself to be immersed in a luxuriant four hour experience, you will be pampered with a Royal Massage (Ninety minutes), One hour Facial and One hour Reflexology. Warm herbal oils will provide the greatest nourishment to your Body, Mind and Soul. You will be served a selection of tea/juice and a fruit platter at the end of your soulful experience.

If you prefer make your own Package from our list of treatments!

BEAUTY TREATMENT

FACIAL'S

Mini Facial (40 Min)	- £40
Hydrating Facial (1 hr)	- £55
Deep Cleansing Facial (1 hr)	- £55
Aromatic Facial (1 hr)	- £55
Peeling Facial (1 hr)	- £55
Skin Brightening Facial (75 Min)	- £60
Anti-ageing Facial package (1 hr)	- £55

THREADING AND TINTING

Eyebrow Threading	- £8
Lip Threading	- £6
Chin Threading	- £6
Side Face	- £10
Full Face Threading and Eyebrows	- £30
Eye brow Tint	- £5
Eyelash Tint	- £10